



## Monthly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast (6:30 - 8:15 am)</b>	Cereal with Milk (Served Daily)	Oatmeal with Fresh Fruit	Bagels with Cream Cheese	Waffles with Organic Syrup	Cereal with Milk
<b>AM Snack (10:15 am)</b>	Apple/Pear Slices (Palm Fruit) with Cheese Sticks	Apple/Pear Slices with Club Crackers	Mandarin/Tangerines with Animal Crackers	Apples/Pear Slices(Palm Fruit) with Fruit Bars	Bananas with Veggie Straws or Banana Bread
<b>Lunch (12:15 pm)</b>  <b>Vegetable Served With Lunch Daily</b>	Alphabet Soup  Tomato Veggie Soup  Alternate: Pasta with Falafel/Chicken Cutlets and Veggies	Chicken over Rice  Falafel over Rice  Served with Carrots  Soup of the Day	Baked Breaded Chicken with Couscous  Couscous and Falafel with steamed veggies  Soup of the Day	Chicken Meatloaf with Buckwheat  Veggie Meatballs with buckwheat  Soup of the Day	Homemade Pizza Served with Broccoli  Soup of the Day
<b>PM Snack (3:30 pm)</b>	Mandarin/Tangerines with Animal Crackers	Berries with Rye Bread with Cream Cheese/Butter	Watermelon	Berries with Rye Bread with Cream Cheese/Butter	Blueberry Muffins
<b>Dinner (5:45 pm)</b>	Chicken and Veggie Sandwich bites	Fresh Veggies Hummus and Pita	Chicken Noodle Soup  Vegetable Soup	Cheese Tortellini	Chicken Lasagna

This month the option to replace a meat option with a veggie patty/falafel will also be available. Secondary Options are subject to availability