

	Week 1	Week 2	Week 3	Week 4	
Mon	Labor Day	Chicken noodle soup	Chicken alphabet soup	Chicken noodle soup	 <p>MONTHLY MENU September</p> <p>Breakfast: from 6:30-8:15 AM Pancakes with syrup, cereal & milk, bagel with cream cheese, waffles with syrup, croissants.</p> <p>1st snack: at 10:15 am Seasonal fruit with club crackers or animal crackers, mini croissants, rye bread, vegetable substitute.</p> <p>Lunch: at 12:15 pm</p> <p>2nd snack: 3:15 pm Seasonal fruit with club crackers or animal crackers, mini croissants, rye bread, vegetable substitute.</p> <p>Dinner: 5:15 pm</p> <ul style="list-style-type: none"> • Soup served with bread • Lunch served with fresh vegetables. • Snack is subject to change due to season and availability. <p>This month the option to replace a meat option with a veggie patty/falafel will also be available. We also provide steamed broccoli as a veggie alternative.</p>
		Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	
		Cutlet with rice & veggies	Cutlet & buckwheat	Cutlet with rice & veggies	
		Rice & veggies (V)	Buckwheat & veggies (V)	Rice & veggies (V)	
Tue		Chicken soup with rice	Chicken soup with rice	Chicken buckwheat soup	
		Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	
		Chicken meatballs & pasta	Chicken meatballs & pasta	Meatloaf & pasta	
		Pasta & falafel (V)	Pasta & falafel (V)	Pasta & falafel (V)	
Wed		Chicken orzo soup	Chicken orzo soup	Chicken meatballs & noodle soup	
		Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	
		Meatballs with cabbage & rice	Meatballs with cabbage & rice	Chicken meatballs & buckwheat	
		Rice & veggies (V)	Rice & veggies (V)	Buckwheat & veggies (V)	
Thu		Pearl barley soup (V)	Pearl barley soup (V)	Rice & lentil soup (V)	
		Lasagna	Shepherd's pie	Sausage & buckwheat	
		Pasta & falafel (V)	Pasta & veggies (V)	Buckwheat & veggies (V)	
Fri		Chicken alphabet soup	Chicken alphabet soup	Chicken alphabet soup	
		Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	Vegetarian noodle soup (V)	
		Pizza (V)	Pizza (V)	Pizza (V)	